

. continued from overleaf

Dementia friendly walks in Lincolnshire.

Natural England's Greening Dementia Project displays positive outcomes from people with dementia experiencing the Natural Environment (as shown in appendix A attached). This is proof that dementia friendly walks are beneficial to people with dementia and their carers. We previously obtained funding to deliver dementia friendly walk leader training in Lincolnshire. The training was provided by Dementia Adventure. We now have approximately 50 walk leaders trained. The walk leaders are providing regular sensory strolls for people with dementia and their carers from 10 locations across Lincolnshire. Examples of what we are trying to achieve can be seen in the following clips:

<https://www.youtube.com/watch?v=x9-LiP66tl>

<https://www.youtube.com/watch?v=k2U3aahx5nE>

East Lindsey district through Magna Vitae provide three walks per week from different locations in the district. West Lindsey district launched a monthly dementia friendly stroll 1st December at Gainsborough and wish to increase the frequency of these strolls. They also are aiming to provide a programme of dementia friendly strolls from Market Rasen. Both East and West Lindsey require additional walk leaders to be trained. Fourteen trained walk leaders will enable both districts to deliver these improvements. The districts will be supplying match funding by providing the walk leader training aspect of the dementia friendly walk leader training and the training venue free of charge. The total cost of the training including VAT is £1932.00 (see appendix A for details).

Summary

All aspects of this project are aimed at improving the quality of life for people with disabilities and their carers.

What are the likely timescales of the Project/Activity? : Dementia friendly walk leader training completed by May 2016, inclusive countryside access course completed by June 2016, countryside for all routes printed by December 2016.

Please indicate how your proposed Project/Activity meets the Objects of Bromhead Medical Charity : The inclusive countryside access course and creation of countryside for all route literature will enable more people with disabilities to access the countryside. Natural England has provided evidence that access to the countryside improves peoples health and general well being. Increasing the number of dementia friendly strolls will help not only those with dementia but their carers as well. The Natural England Greening Dementia project displays positive outcomes from people with dementia experiencing the Natural Environment as shown in Appendix A attached.

I/We apply to the Bromhead Medical Charity for funds to be used only for the Project/Activity detailed above and will be spent in 2016. To the best of my/our knowledge and belief all information provided in this application is true and accurate.

Signed *John M Law*

Date 24 / 12 / 15

Name in block capitals: JOHN M LAW

For and on behalf of:

Councillor Ray Wootten, Chairman of the South Lincolnshire and Rutland Local Access Forum

Please return completed form to:
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